



Julie Carolan

Physical Therapy & Pilates

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Privacy Policy

Your personal data and medical history are collected for the purpose of providing a safe, efficient, and relevant Physical Therapy treatment and/or Pilates class.

I am committed to protecting the privacy of the data that I collect from you.

By submitting information on the Consultation Card for Physical Therapy and/or Pilates, you agree to the use of this information for the purpose of providing these services to you.

Data collected and purpose for collection.

The data collected for Physical Therapy includes personal information such as name, date of birth, address, telephone number in order to identify individual clients and to contact clients with regard to appointments or treatments, where necessary.

Occupation data is collected as a person's occupation can have an effect on their complaint.

Medical history is collected to avoid contraindications and ensure the best treatment and exercise/rehabilitation plan is devised.

General Practitioner details are collected in order to allow liaison with the client's doctor, should the need arise.

A record is kept of any treatments that have been carried out.

The data collected for Pilates includes personal information such as name, address, and telephone number in order to identify individual students and to contact students with regard to upcoming classes, cancellations, changes to class times etc.

Age, occupation, medical details and exercise history are collected to ensure that the classes are tailored to suit the individual needs of the students and to avoid causing injury.

How your data is protected.

I am committed to ensuring that any data collected is secure. In order to prevent unauthorised access, suitable physical and electronic procedures are in place to safeguard and secure the information.

Your personal information will not be disclosed to external parties, unless it is necessary to comply with a legal requirement.

Access to your information.

You may request access, change and/or deletion of your data at any time by sending an email with the request to julie@treaturcore.com

Retention

For insurance purposes, all Physical Therapy data must be retained for 7 years from the date of the client's last visit. After this time, electronic data will be deleted and paper files destroyed.

Pilates student data will be destroyed 2 years after the individual ceases attending classes.

Queries

Should you have any further queries about this privacy policy, please contact me via email julie@treaturcore.com